



TABLEAU DE LA VALEUR ÉNERGÉTIQUE

ÉLÉMENTS DU MENU		Poids (g)	Calories	Totaux des protéines (g)	Lipides saturés (g)	Lipides trans (g)	Cholestérol (g)	Sodium (mg)	Glucides (g)	Fibres (g)	Sucres (g)	Protéines (g)	Vitamine A (% VO)	Vitamine C (% VO)	Calcium (% VO)	Fer (% VO)
Burrito pour enfant	Tortilla pour enfant	42	120.0	3.5	1.0	0.0	0.0	180.0	18.0	1.0	1.0	3.0	0.0	0.0	4.0	6.0
Petit burrito	Tortilla de farine, 10 po	73	210.0	6.1	2.5	0.0	0.0	436.0	33.5	2.0	2.0	6.1	0.0	0.0	6.1	10.1
Petit burrito	Tortilla de farine de blé entier, 10 po	72	180.0	6.0	2.0	0.0	0.0	330.0	31.0	3.0	1.0	5.0	0.0	0.0	6.0	8.0
Burrito de format régulier	Tortilla de farine, 12 po	104	310.0	9.0	3.5	0.0	0.0	620.0	48.0	2.0	2.0	8.0	0.0	0.0	10.0	15.0
Burrito de format régulier	Tortilla de farine de blé entier, 12 po	104	270.0	11.0	3.5	0.0	0.0	590.0	36.0	5.0	2.0	7.0	0.0	0.0	10.0	10.0
Mucho Burrito	Tortilla de farine, 14 po	125	360.0	10.8	3.9	0.0	0.0	638.8	57.1	2.0	1.0	7.9	0.0	0.0	9.8	19.7
Mucho Burrito	Tortilla de farine de blé entier, 14 po	125	330.0	10.8	3.9	0.0	0.0	580.7	53.1	5.9	2.0	8.9	0.0	0.0	9.8	14.8
Regular Ghost Pepper Burrito	Tortilla rouge pour le burrito de format	106	300.0	8.0	5.0	0.0	0.0	660.0	17.0	0.0	0.0	7.0	0.0	0.0	2.0	15.0
Tacos	Taco de farine souple	27	80.0	2.5	1.0	0.0	0.0	160.0	13.0	1.0	1.0	2.0	0.0	0.0	2.0	4.0
Tacos	Tacos de maïs souple	13	25.0	0.0	0.0	0.0	0.0	20.0	5.5	0.5	0.0	0.5	0.0	0.0	4.0	1.0
Tacos	Tacos de maïs rigides	13	40.0	0.0	0.0	0.0	0.0	0.0	7.8	0.0	0.0	0.0	0.0	0.0	2.6	0.0
Mucho Burrito	Riz brun	220	320.0	5.8	0.7	0.0	0.0	483.1	69.2	2.4	1.7	7.4	2.8	2.8	2.1	0.9
Burrito, bol de format classique	Riz brun	110	160.0	2.9	0.4	0.0	0.0	241.5	29.6	1.2	0.9	3.7	1.4	1.4	1.0	0.4
Bol - grains et légumes verts	Riz brun	50	70.0	1.3	0.2	0.0	0.0	109.8	13.5	0.5	0.4	1.7	0.8	0.8	0.5	0.2
Petit burrito	Riz brun	75	110.0	2.0	0.2	0.0	0.0	164.7	20.2	0.8	0.6	2.5	1.0	1.0	0.7	0.3
Burrito pour enfant	Riz brun	50	70.0	1.3	0.2	0.0	0.0	109.8	13.5	0.5	0.4	1.7	0.8	0.8	0.5	0.2
Petit burrito	Mélange de grains anciens	75	100.0	2.1	0.2	0.0	0.5	1.5	17.9	1.9	2.7	3.3	0.0	0.9	6.3	0.0
Burrito classique, bol	Mélange de grains anciens	110	150.0	3.1	0.3	0.0	0.7	2.2	26.2	2.9	4.0	4.8	0.0	1.3	9.2	0.0
Bol - grains et légumes verts	Mélange de grains anciens	50	70.0	1.4	0.1	0.0	0.3	1.0	11.9	1.3	1.9	2.2	0.0	0.6	4.2	0.0
Mucho Burrito	Mélange de grains anciens	220	290.0	6.3	0.6	0.0	1.3	4.4	52.4	5.7	8.0	9.6	0.0	2.6	18.4	0.0
Quesadilla - format collation	Haricots pinto	20	10.0	0.1	0.0	0.0	0.0	31.3	2.1	0.6	0.1	0.7	0.2	0.4	0.6	1.3
Quesadilla	Haricots pinto	60	35.0	0.3	0.1	0.0	0.0	93.8	6.4	1.8	0.4	2.0	0.5	1.2	1.7	4.0
Mucho Burrito	Haricots pinto	60	35.0	0.3	0.1	0.0	0.0	93.8	6.4	1.8	0.4	2.0	0.5	1.2	1.7	4.0
Burrito classique, bol, salade	Haricots pinto	60	35.0	0.3	0.1	0.0	0.0	93.8	6.4	1.8	0.4	2.0	0.5	1.2	1.7	4.0
Petit burrito	Haricots pinto	50	30.0	0.2	0.1	0.0	0.0	78.2	5.3	1.5	0.3	1.7	0.4	1.0	1.4	3.3
Burrito pour enfant	Haricots pinto	30	20.0	0.1	0.0	0.0	0.0	46.9	3.2	0.9	0.2	1.0	0.3	0.6	0.9	2.0
Quesadilla - format collation	Haricots noirs au chipotle	20	5.0	0.1	0.0	0.0	0.0	84.8	4.6	1.0	1.4	1.0	0.0	0.3	0.8	2.8
Quesadilla	Haricots noirs au chipotle	60	20.0	0.4	0.1	0.0	0.0	254.4	13.7	3.1	4.3	3.1	0.0	1.0	2.4	8.4
Mucho Burrito	Haricots noirs au chipotle	60	20.0	0.4	0.1	0.0	0.0	254.4	13.7	3.1	4.3	3.1	0.0	1.0	2.4	8.4
Burrito classique, bol, salade	Haricots noirs au chipotle	60	20.0	0.4	0.1	0.0	0.0	254.4	13.7	3.1	4.3	3.1	0.0	1.0	2.4	8.4
Petit burrito	Haricots noirs au chipotle	50	20.0	0.3	0.1	0.0	0.0	212.0	11.4	2.6	3.6	2.6	0.0	0.8	2.0	7.0
Burrito pour enfant	Haricots noirs au chipotle	30	10.0	0.2	0.0	0.0	0.0	127.2	6.8	1.6	2.2	1.6	0.0	0.5	1.2	4.2
Quesadilla - format collation	Légumes pour fajita	30	20.0	1.1	0.1	0.0	0.0	56.7	2.3	0.7	1.1	0.4	10.1	36.7	0.4	0.9
Quesadilla	Légumes pour fajita	60	40.0	2.2	0.2	0.0	0.0	113.3	4.6	1.3	2.1	0.7	20.2	73.5	0.9	1.8
Mucho Burrito	Légumes pour fajita	60	40.0	2.2	0.2	0.0	0.0	113.3	4.6	1.3	2.1	0.7	20.2	73.5	0.9	1.8
Burrito classique, bol, salade	Légumes pour fajita	60	40.0	2.2	0.2	0.0	0.0	113.3	4.6	1.3	2.1	0.7	20.2	73.5	0.9	1.8
Petit burrito	Légumes pour fajita	40	25.0	1.5	0.1	0.0	0.0	75.6	3.0	0.9	1.4	0.5	13.5	49.0	0.6	1.2
Enfants	Légumes pour fajita	30	20.0	1.1	0.1	0.0	0.0	56.7	2.3	0.7	1.1	0.4	10.1	36.7	0.4	0.9
Taco pour enfant, quesadilla en formation collation	Bœuf barbacoa	50	80.0	2.0	0.7	0.0	26.7	362.3	1.2	0.0	0.6	9.9	2.5	2.5	1.0	9.0
Mucho Burrito	Bœuf barbacoa	150	190.0	6.0	2.2	0.0	80.0	1087.0	3.6	0.0	1.7	29.8	7.5	7.5	3.0	27.0
Burrito classique, bol, salade, quesadilla	Bœuf barbacoa	100	130.0	4.0	1.5	0.0	53.3	724.7	2.4	0.0	1.1	19.9	5.0	5.0	2.0	18.0
Petit burrito	Bœuf barbacoa	75	90.0	3.0	1.1	0.0	40.0	543.5	1.8	0.0	0.9	14.9	3.8	3.8	1.5	13.5
Taco pour enfant, quesadilla en formation collation	Carnitas de porc	50	70.0	3.0	1.0	0.0	28.7	334.3	1.0	0.5	0.6	13.0	1.4	3.5	0.8	3.7
Mucho Burrito	Carnitas de porc	150	210.0	9.1	3.1	0.0	86.0	1003.0	3.0	1.4	1.8	39.0	4.3	10.5	2.4	11.2
Burrito classique, bol, salade, quesadilla	Carnitas de porc	100	140.0	6.1	2.1	0.0	57.3	668.7	2.0	0.9	1.2	26.0	2.9	7.0	1.6	7.5
Petit burrito	Carnitas de porc	75	110.0	4.6	1.6	0.0	43.0	501.5	1.5	0.7	0.9	19.5	2.2	5.3	1.2	5.6
Taco pour enfant, quesadilla en formation collation	Steak	50	80.0	3.6	0.8	0.0	21.3	201.4	0.0	0.0	0.0	10.5	0.0	2.4	0.9	4.7
Mucho Burrito	Steak	150	230.0	10.9	2.4	0.1	63.9	604.2	0.0	0.0	0.0	31.6	0.0	7.1	2.8	14.2
Burrito classique, bol, salade, quesadilla	Steak	100	150.0	7.2	1.6	0.1	42.8	402.8	0.0	0.0	0.0	21.1	0.0	4.7	1.9	9.5
Petit burrito	Steak	75	120.0	5.4	1.2	0.1	31.9	302.1	0.0	0.0	0.0	15.8	0.0	3.5	1.4	7.1
Taco pour enfant, quesadilla en formation collation	Poulet	50	50.0	1.4	0.2	0.0	17.0	401.1	1.4	0.0	1.2	8.8	0.9	0.5	0.1	0.8
Mucho Burrito	Poulet	150	160.0	4.2	0.6	0.0	51.0	1203.4	4.3	0.0	3.5	26.5	2.7	1.4	0.3	2.4
Burrito classique, bol, salade, quesadilla	Poulet	100	110.0	2.8	0.4	0.0	34.0	802.3	2.9	0.0	2.3	17.7	1.8	0.9	0.2	1.6
Petit burrito	Poulet	75	80.0	2.1	0.3	0.0	25.5	601.7	2.2	0.0	1.8	13.3	1.4	0.7	0.1	1.2
Taco pour enfant, quesadilla en formation collation	Chorizo	50	160.0	13.5	4.9	0.0	30.9	440.4	2.4	1.1	0.6	7.7	13.2	0.0	1.8	7.0
Mucho Burrito	Chorizo	150	490.0	40.5	14.9	0.0	92.7	1321.2	7.2	3.2	1.9	23.2	39.5	0.0	5.3	21.1
Burrito classique, bol, salade, quesadilla	Chorizo	100	320.0	27.0	9.9	0.0	61.8	890.8	4.8	2.2	1.2	15.5	26.3	0.0	3.5	14.0
Petit burrito	Chorizo	75	240.0	20.3	7.4	0.0	46.4	660.6	3.6	1.6	0.9	11.6	19.7	0.0	2.6	10.5
Taco pour enfant, quesadilla en formation collation	Crevettes lime-chili	50	80.0	1.7	0.2	0.0	53.6	275.9	2.6	0.1	0.8	7.3	5.3	7.0	1.9	6.5
Mucho Burrito	Crevettes lime-chili	180	210.0	6.3	0.7	0.0	183.1	993.4	9.3	0.5	2.9	26.4	19.0	25.3	6.9	23.8
Burrito classique, bol, salade, quesadilla	Crevettes lime-chili	120	140.0	4.2	0.5	0.0	128.7	662.2	6.2	0.3	1.9	17.8	12.7	16.9	4.6	15.7
Petit burrito	Crevettes lime-chili	90	100.0	3.1	0.4	0.0	96.6	496.7	4.6	0.3	1.4	13.2	9.5	12.7	3.4	11.8
Mucho Burrito	crumble végétalien	150	400.0	24.3	1.6	0.0	0.0	958.7	19.8	2.4	12.3	24.8	3.8	3.8	3.8	28.2
Burrito classique, bol, salade, quesadilla	crumble végétalien	100	270.0	16.2	1.0	0.0	0.0	639.2	13.2	1.6	8.2	16.5	2.5	2.5	2.5	18.8
Petit burrito	crumble végétalien	75	200.0	12.1	0.8	0.0	0.0	479.4	9.9	1.2	6.1	12.4	1.9	1.9	1.9	14.1
Repas pour enfants, taco, quesadilla en format collation	crumble végétalien	50	130.0	8.1	0.5	0.0	0.0	319.6	6.6	0.8	4.1	8.3	1.3	1.3	1.3	9.4
Quesadilla, Nachos	Fromage monterey jack	50	180.0	15.0	8.3	0.3	41.7	350.0	1.7	0.0	0.0	11.7	13.3	0.0	33.3	0.0
Quesadilla pour enfant	Fromage monterey jack	40	150.0	12.0	6.7	0.3	33.3	280.0	1.3	0.0	0.0	9.3	10.7	0.0	26.7	0.0
Mucho Burrito	Fromage monterey jack	30	110.0	9.0	5.0	0.2	25.0	210.0	1.0	0.0	0.0	7.0	8.0	0.0	20.0	0.0
Burrito classique, bol, salade	Fromage monterey jack	20	70.0	6.0	3.3	0.1	16.7	140.0	0.7	0.0	0.0	4.7	5.3	0.0	13.3	0.0
Petit burrito, taco, burrito pour enfant	Fromage monterey jack	10	35.0	3.0	1.7	0.1	8.3	70.0	0.3	0.0	0.0	2.3	2.7	0.0	6.7	0.0
Quesadilla, Nachos	fromage végétalien	50	180.0	11.6												

Mucho Burrito	Salsa moyenne	70	30.0	0.8	0.1	0.0	0.0	273.4	4.3	0.7	2.8	1.0	8.1	8.5	3.4	0.9
Burrito classique, bol, salade	Salsa moyenne	60	25.0	0.7	0.0	0.0	0.0	234.4	3.7	0.6	2.4	0.8	6.9	7.3	2.9	0.8
Petit burrito	Salsa moyenne	40	15.0	0.4	0.0	0.0	0.0	156.3	2.4	0.4	1.6	0.5	4.6	4.9	1.9	0.5
Taco	Salsa moyenne	20	10.0	0.2	0.0	0.0	0.0	78.1	1.2	0.2	0.8	0.3	2.3	2.4	1.0	0.3
Burrito pour enfant	Salsa moyenne	20	10.0	0.2	0.0	0.0	0.0	78.1	1.2	0.2	0.8	0.3	2.3	2.4	1.0	0.3
Croustilles et salsa - combo	Salsa moyenne	113	50.0	1.3	0.1	0.0	0.0	441.4	6.9	1.1	4.6	1.5	13.1	13.8	5.4	1.5
Croustilles et salsa - 2 portions	Salsa moyenne	113	50.0	1.3	0.1	0.0	0.0	441.4	6.9	1.1	4.6	1.5	13.1	13.8	5.4	1.5
Croustilles et salsa - 3 portions	Salsa moyenne	227	100.0	2.5	0.2	0.0	0.0	886.7	13.8	2.2	9.2	3.1	26.3	27.7	10.9	3.0
Quesadillas	Salsa piquante	113	35.0	2.0	0.1	0.0	0.0	352.1	4.4	0.6	3.5	0.5	1.7	19.7	3.8	0.1
Mucho Burrito	Salsa piquante	70	40.0	2.3	0.2	0.0	0.0	410.8	5.2	0.7	4.1	0.8	2.0	22.9	4.4	0.1
Burrito classique, bol, salade	Salsa piquante	60	35.0	2.0	0.1	0.0	0.0	352.1	4.4	0.6	3.5	0.5	1.7	19.7	3.8	0.1
Petit burrito	Salsa piquante	40	25.0	1.3	0.1	0.0	0.0	235.7	3.0	0.4	2.3	0.3	1.2	13.1	2.5	0.1
Taco	Salsa piquante	20	10.0	0.7	0.0	0.0	0.0	117.4	1.5	0.2	1.2	0.2	0.6	6.6	1.3	0.0
Burrito pour enfant	Salsa piquante	20	10.0	0.7	0.0	0.0	0.0	117.4	1.5	0.2	1.2	0.2	0.6	6.6	1.3	0.0
Croustilles et salsa - combo	Salsa piquante	113	70.0	3.7	0.2	0.0	0.0	663.2	8.4	1.1	6.6	0.9	3.3	37.0	7.1	0.2
Croustilles et salsa - 2 portions	Salsa piquante	113	70.0	3.7	0.2	0.0	0.0	663.2	8.4	1.1	6.6	0.9	3.3	37.0	7.1	0.2
Croustilles et salsa - 3 portions	Salsa piquante	227	130.0	7.4	0.5	0.0	0.0	1332.2	16.8	2.2	13.3	1.9	6.6	74.4	14.3	0.4
Petit burrito	salade de chou aux arghumes	40	15.0	0.1	0.0	0.0	0.0	128.4	3.1	0.7	2.0	0.5	3.6	24.7	14.7	0.2
Burrito classique, bol, salade	salade de chou aux arghumes	50	20.0	0.2	0.0	0.0	0.0	160.4	3.9	0.9	2.5	0.6	4.5	30.9	18.4	0.2
Mucho Burrito	salade de chou aux arghumes	75	30.0	0.2	0.0	0.0	0.0	240.7	5.9	1.4	3.8	0.9	6.7	48.3	27.6	0.3
Taco	salade de chou aux arghumes	20	7.0	0.1	0.0	0.0	0.0	64.2	1.6	0.4	1.0	0.2	1.8	12.4	7.4	0.1
Petit burrito	Maïs rôti	15	15.0	0.1	0.0	0.0	0.0	0.5	3.0	0.3	0.5	0.2	0.3	1.5	5.3	0.3
Burrito classique, bol, salade	Maïs rôti	30	30.0	0.2	0.0	0.0	0.0	0.9	6.0	0.6	0.9	0.3	0.6	3.0	10.5	0.6
Mucho Burrito	Maïs rôti	30	30.0	0.2	0.0	0.0	0.0	0.9	6.0	0.6	0.9	0.3	0.6	3.0	10.5	0.6
Taco	Maïs rôti	10	10.0	0.1	0.0	0.0	0.0	0.3	2.0	0.2	0.3	0.1	0.2	1.0	3.5	0.2
Small Burrito	salsa d'ananas grillé	30	15.0	0.0	0.0	0.0	0.0	55.0	4.9	0.4	4.3	0.1	0.0	0.0	1.0	0.0
Regular Burrito, Bowl, Salad	salsa d'ananas grillé	40	20.0	0.0	0.0	0.0	0.0	63.0	5.7	0.5	5.0	0.1	0.0	0.0	2.0	0.0
Mucho Burrito	salsa d'ananas grillé	60	35.0	0.0	0.0	0.0	0.0	94.0	8.6	0.8	7.6	0.1	0.0	0.0	2.0	0.0
Small Burrito	mélange de légumes du jardin	30	60.0	0.9	0.2	0.0	0.0	155.0	13.3	1.0	4.2	0.8	0.0	0.0	2.0	2.0
Regular Burrito, Bowl, Salad	mélange de légumes du jardin	30	60.0	0.9	0.2	0.0	0.0	155.0	13.3	1.0	4.2	0.8	0.0	0.0	2.0	2.0
Mucho Burrito	mélange de légumes du jardin	60	90.0	1.7	0.3	0.0	0.0	300.0	25.6	2.0	8.2	1.5	0.0	0.0	3.0	5.0
Regular Burrito	bacon au piment bhut jolokia	30	120.0	9.2	3.7	0.0	37.0	625.0	0.3	0.0	0.0	18.4	0.0	0.0	0.0	0.0
Mucho Burrito	bacon au piment bhut jolokia	45	180.0	13.4	5.4	0.0	53.0	909.0	0.4	0.0	0.0	26.7	0.0	0.0	0.0	0.0
Regular Burrito	confiture de figues au piment bhut jolokia	30	100.0	0.0	0.0	0.0	0.0	39.0	23.7	0.0	21.9	0.0	0.0	0.0	0.0	3.0
Mucho Burrito	confiture de figues au piment bhut jolokia	40	150.0	0.0	0.0	0.0	0.0	57.0	34.5	0.0	31.8	0.0	0.0	0.0	0.0	5.0
Petit burrito	poignons rouges marinés maison	15	15.0	0.0	0.0	0.0	0.0	250.3	4.0	0.3	3.8	0.1	0.0	5.4	0.1	0.2
Burrito classique, bol, salade	poignons rouges marinés maison	20	20.0	0.0	0.0	0.0	0.0	333.7	5.3	0.3	4.9	0.2	0.0	7.2	0.2	0.2
Mucho Burrito	poignons rouges marinés maison	25	25.0	0.0	0.0	0.0	0.0	417.1	6.6	0.4	6.1	0.2	0.0	9.0	0.2	0.3
Taco	poignons rouges marinés maison	10	10.0	0.0	0.0	0.0	0.0	166.9	2.6	0.2	2.4	0.1	0.0	3.6	0.1	0.1
Petit burrito	Pois chiches rôtis	30	15.0	0.7	0.1	0.0	0.0	29.2	2.2	0.4	0.1	0.6	0.1	0.0	0.4	1.0
Burrito classique, bol, salade	Pois chiches rôtis	40	35.0	1.4	0.1	0.0	0.0	58.3	4.5	0.9	0.1	1.2	0.2	0.1	0.8	2.1
Mucho Burrito	Pois chiches rôtis	60	35.0	1.4	0.1	0.0	0.0	58.3	4.5	0.9	0.1	1.2	0.2	0.1	0.8	2.1
Taco	Pois chiches rôtis	10	10.0	0.5	0.0	0.0	0.0	19.4	1.5	0.3	0.0	0.4	0.1	0.0	0.3	0.7
Petit burrito	salsa à la mangue	40	20.0	0.0	0.0	0.0	0.0	44.6	1.5	0.4	1.1	0.4	1.5	6.7	2.1	0.2
Burrito classique, bol, salade	salsa à la mangue	60	25.0	0.1	0.0	0.0	0.0	66.9	2.3	0.6	2.3	0.6	2.3	10.1	3.2	0.4
Mucho Burrito	salsa à la mangue	60	35.0	0.1	0.0	0.0	0.0	66.9	2.3	0.6	2.3	0.6	2.3	10.1	3.2	0.4
Taco	salsa à la mangue	20	10.0	0.0	0.0	0.0	0.0	22.3	0.8	0.5	0.8	0.2	0.8	3.4	1.1	0.1
Petit burrito	croustilles de maïs	4	5.0	0.5	0.0	0.0	0.0	3.2	1.3	0.0	0.0	0.0	0.0	2.4	2.4	2.4
Burrito classique, bol, salade	croustilles de maïs	8	10.0	1.0	0.0	0.0	0.0	6.4	2.6	0.0	0.0	0.0	0.0	4.8	4.8	4.8
Mucho Burrito	croustilles de maïs	10	15.0	0.1	0.0	0.0	0.0	12.8	5.2	0.0	0.0	0.0	0.0	9.6	9.6	9.6
Taco	croustilles de maïs	2	2.0	0.3	0.0	0.0	0.0	1.6	0.7	0.0	0.0	0.0	0.0	1.2	1.2	1.2
Quesadillas	Crème sure	113	190.0	15.1	9.4	0.4	56.5	113.0	7.5	0.0	3.8	3.8	22.6	0.0	15.1	0.0
Mucho Burrito	Crème sure	45	75.0	6.0	3.8	0.2	22.5	45.0	3.0	0.0	1.5	1.5	9.0	0.0	6.0	0.0
Burrito classique, bol	Crème sure	30	50.0	4.0	2.5	0.1	15.0	30.0	2.0	0.0	1.0	1.0	6.0	0.0	4.0	0.0
Petit burrito, taco, burrito pour enfant	Crème sure	15	25.0	2.0	1.3	0.1	7.5	15.0	1.0	0.0	0.5	0.5	3.0	0.0	2.0	0.0
Taco	Crème sure	10	15.0	1.3	0.8	0.0	5.0	10.0	0.7	0.0	0.3	0.3	2.0	0.0	1.3	0.0
Mucho Burrito	Sauce pour burrito	45	170.0	16.5	2.3	0.2	7.5	435.0	4.5	0.0	3.0	0.3	3.0	15.0	0.0	0.0
Burrito classique, bol, salade	Sauce pour burrito	30	110.0	11.0	1.5	0.1	5.0	290.0	3.0	0.0	2.0	0.2	2.0	10.0	0.0	0.0
Petit burrito	Sauce pour burrito	15	60.0	5.5	0.8	0.1	2.5	145.0	1.5	0.0	1.0	0.1	1.0	5.0	0.0	0.0
Taco	Sauce pour burrito	10	35.0	3.7	0.5	0.0	1.7	96.7	1.0	0.0	0.7	0.1	0.7	3.3	0.0	0.0
Burritos, bols, salades	Quacamole	60	80.0	7.2	1.0	0.0	0.0	109.5	4.8	3.4	0.8	1.0	3.6	11.2	0.8	1.7
Quesadillas	Quacamole	113	180.0	13.8	1.9	0.0	0.0	204.4	9.0	6.4	1.1	1.9	6.7	21.2	1.2	3.1
Croustilles et quacamole - combo	Quacamole	113	180.0	13.8	1.9	0.0	0.0	204.4	9.0	6.4	1.1	1.9	6.7	21.2	1.2	3.1
Croustilles et quacamole - 2 portions	Quacamole	113	180.0	13.8	1.9	0.0	0.0	204.4	9.0	6.4	1.1	1.9	6.7	21.2	1.2	3.1
Croustilles et quacamole - 3 portions	Quacamole	227	310.0	27.3	3.8	0.0	0.0	410.6	18.1	12.9	2.2	3.8	13.4	42.5	2.4	6.3
Petit burrito, taco, burrito pour enfant	Sauce queso	30	40.0	2.3	0.9	0.7	4.6	257.4	2.4	0.0	1.0	1.0	0.2	0.1	3.0	0.9
Burrito classique, bol, salade, quesadilla, taco	Sauce queso	60	80.0	4.5	1.8	1.3	9.2	514.8	4.8	0.0	2.1	2.0	0.5	0.3	5.9	1.8
Croustilles et queso - combo	Sauce queso	113	160.0	8.5	3.4	2.5	17.3	899.7	8.0	0.1	3.9	3.7	0.9	0.5	11.2	3.4
Croustilles et queso - 2 portions	Sauce queso	113	160.0	8.5	3.4	2.5	17.3	899.7	8.0	0.1	3.9	3.7	0.9	0.5	11.2	3.4
Croustilles et queso - 3 portions	Sauce queso	227	310.0	17.2	6.9	5.0	34.7	1948.0	18.1	0.1	7.9	7.4	1.9	1.1	22.5	6.8
Petit burrito	sauce tequila-lime fumée	15	30	0.1	0.05	0	0	12	7	0	0	0.2	0	0	0	0
Burrito classique, bol, salade	sauce tequila-lime fumée	30	60	0.2	0.1	0	0	24	14	0	0	0.4	0	0	0	0
Mucho Burrito	sauce tequila-lime fumée	45	90	0.4	0.15	0	0	36	21	0	0	0.6	0	0	0	0
Petit burrito	sauce crémeuse habanero - ail roties	15	15.0	1.7	1.1	0.0	0.0	0.0	6.3	15.6	0.0	2.6	0.0	2.1	0.4	2.7
Burrito classique, bol, salade	sauce crémeuse habanero - ail roties	30	30.0	3.4	2.1	0.0	0.0	0.0	12.6	31.3	0.0	5.2	0.0	4.2	0.8	5.3
Mucho Burrito	sauce crémeuse habanero - ail roties	45	45.0	5.0	3.2	0.0	0.0	0.0	18.9	46.9	0.0	7.8	0.0	6.3	1.3	8.0
Taco	sauce crémeuse habanero - ail roties	10	5.0	1.1	0.7	0.0	0.0	0.0	4.2	10.4	0.0	1.7	0.0	0.3	0.3	1.8
Regular Burrito	sauce piquante au piment bhut jolokia	20	0.0	0.0	0.0	0.0	0.0	500.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Mucho Burrito	sauce piquante au piment bhut jolokia	30	0.0	0.0	0.0	0.0	0.0	750.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Small Burrito	vinaigrette avocat-lime	15	45.0	6.0	0.5	0.0	0.0	31.0	2.2	0.3	1.7	0.1	0.0	0.0	1.0	0.0
Regular Burrito, Bowl, Salad	vinaigrette avocat-lime	30	75.0	11.4	1.0	0.0	0.0	54.0	4.1	0.6	3.2	0.3	0.0	0.0	2.0	0.0
Mucho Burrito	vinaigrette avocat-lime	45	110.0	15.9	1.4	0.0	0.0	78.0	5.7	0.9	4.5	0.4	0.0	0.0	2.0	0.0
Taco	vinaigrette avocat-lime	10	35.0	4.0	0.3	0.0	0.0	19.0	1.4	0.2	1.1	0.1	0.0	0.0	1.0	0.0
Bol	laitue romaine	100	18.0	0.3	0.0	0.0	0.0	8.0	3.3	0.0	1.2	1.2	0.0	4.0	3.0	5.0