

# Allergen Awareness and Gluten-Free Chart



## Known Allergens

	May Contain Nut	Nut	Sesame	Milk	Egg	Fish	Soy	Wheat	Sulphite	MSG	Corn	Mustard	Gluten-Free	Vegan
<b>TORTILLAS AND TACOS</b>														
Whole Wheat Tortilla								•						•
White Tortilla								•						•
Sundried Tomato Tortilla								•						•
Hard Corn Taco											•		†	•
Soft Corn Taco											•		†	•
<b>PROTEINS</b>														
Beef Barbacoa							•						†	
Pork Carnitas				•			•	•						
Chicken													†	
Steak													†	
Shrimp						•			•				†	
Chorizo													†	
Plant-Based Crumble	•							•			•			•
<b>TOPPING, CHEESE &amp; GARNISH</b>														
Brown Rice													†	•
Cilantro Lime Rice													†	•
Fajita Veggies													†	•
Chiptole Black Beans													†	•
Pinto Beans													†	•
Monterey Jack Cheese				•									†	
Plant-Based Cheese													†	•
Roasted Chickpeas													†	•
Citrus Slaw													†	•
In-House Pickled Onions													†	•
Charred Corn											•		†	•
Pineapple Salsa													†	•
Harvest Medley													†	•
Ghost Pepper Bacon													†	
Ghost Pepper Fig Marmalade													†	•
Crispy Tortilla											•		†	•
Lime Wedges													†	•
Lettuce Romaine													†	•
Jalapeños													†	•
Cilantro													†	•
<b>SALSAS, SAUCES &amp; DRESSINGS</b>														
Pico de Gallo													†	•
Medium Salsa													†	•
Hot Salsa													†	•
Guacamole													†	•
Sour Cream				•							•		†	
Burrito Sauce					•		•						†	
Smoky Tequila-Lime Sauce							•						†	•
Roasted Habanero & Garlic Crema				•									†	
Avocado-Lime Vinaigrette													†	•
Ghost Pepper Sauce													†	
Queso Cheese				•			•				•		†	
<b>SIDES &amp; DESSERTS</b>														
Churros				•	•		•	•						
Dulce de Leché				•					•		•		†	
Chocolate Chunk Cookie	•			•	•		•	•						
Double Chocolate Chip Cookie	•			•	•		•	•						
Nachos				•			•				•			
Tortilla Chips											•		†	•

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• - denotes allergen is present in the product

† - denotes product is gluten-free