



# NUTRITIONAL CHART

MENU ITEMS	INGREDIENTS	Weight (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans-Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)
Kids Burrito	Kids' Tortilla	42	120.0	3.5	1.0	0.0	0.0	190.0	19.0	1.0	1.0	3.0	0.0	0.0	4.0	6.0
Small Burrito	Flour tortilla 10"	73	210.0	6.1	2.5	0.0	0.0	436.0	33.5	2.0	2.0	6.1	0.0	0.0	6.1	10.1
Small Burrito	Whole wheat tortilla 10"	72	190.0	6.0	2.0	0.0	0.0	330.0	31.0	3.0	1.0	5.0	0.0	0.0	6.0	8.0
Regular Burrito	Flour tortilla 12"	104	310.0	9.0	3.5	0.0	0.0	620.0	48.0	2.0	2.0	8.0	0.0	0.0	10.0	15.0
Regular Burrito	Whole wheat tortilla 12"	104	270.0	11.0	3.5	0.0	0.0	590.0	36.0	5.0	2.0	7.0	0.0	0.0	10.0	10.0
Mucho Burrito	Tortilla 14" Flour	125	360.0	10.8	3.9	0.0	0.0	639.8	57.1	2.0	1.0	7.9	0.0	0.0	9.8	19.7
Mucho Burrito	Tortilla 14" Whole Wheat	125	330.0	10.8	3.9	0.0	0.0	580.7	53.1	5.9	2.0	8.9	0.0	0.0	9.8	14.8
Tacos	Soft Flour Taco	27	80.0	2.5	1.0	0.0	0.0	160.0	13.0	1.0	1.0	2.0	0.0	0.0	2.0	4.0
Tacos	Soft Corn Taco	13	25.0	0.0	0.0	0.0	0.0	20.0	5.5	0.5	0.0	0.5	0.0	0.0	4.0	1.0
Tacos	Hard Corn Taco	13	40.0	0.0	0.0	0.0	0.0	0.0	7.8	0.0	0.0	0.0	0.0	0.0	2.6	0.0
Mucho Burrito	Brown Rice	220	320.0	5.8	0.7	0.0	0.0	483.1	59.2	2.4	1.7	7.4	2.8	2.8	2.1	0.9
Regular Burrito, Bowl, Bowl - Grains & Greens	Brown Rice	110	160.0	2.9	0.4	0.0	0.0	241.5	29.6	1.2	0.9	3.7	1.4	1.4	1.0	0.4
Small Burrito	Brown Rice	50	70.0	1.3	0.2	0.0	0.0	109.8	13.5	0.5	0.4	1.7	0.6	0.6	0.5	0.2
Kids Burrito	Brown Rice	75	110.0	2.0	0.2	0.0	0.0	164.7	20.2	0.8	0.6	2.5	1.0	1.0	0.7	0.3
Kids Burrito	Brown Rice	50	70.0	1.3	0.2	0.0	0.0	109.8	13.5	0.5	0.4	1.7	0.6	0.6	0.5	0.2
Small Burrito	Ancient Grain Medley	75	100.0	2.1	0.2	0.0	0.5	1.5	17.9	1.9	2.7	3.3	0.0	0.9	6.3	0.0
Regular Burrito, Bowl	Ancient Grain Medley	110	150.0	3.1	0.3	0.0	0.7	2.2	26.2	2.9	4.0	4.8	0.0	1.3	9.2	0.0
Bowl - Grains & Greens	Ancient Grain Medley	50	70.0	1.4	0.1	0.0	0.3	1.0	11.9	1.3	1.8	2.2	0.0	0.6	4.2	0.0
Mucho Burrito	Ancient Grain Medley	220	290.0	6.3	0.6	0.0	1.3	4.4	52.4	5.7	8.0	9.6	0.0	2.6	18.4	0.0
Quesadilla - Snack Size	Pinto Beans	20	10.0	0.1	0.0	0.0	0.0	31.3	2.1	0.6	0.1	0.7	0.2	0.4	0.6	1.3
Quesadilla	Pinto Beans	60	35.0	0.3	0.1	0.0	0.0	93.8	6.4	1.8	0.4	2.0	0.5	1.2	1.7	4.0
Mucho Burrito	Pinto Beans	60	35.0	0.3	0.1	0.0	0.0	93.8	6.4	1.8	0.4	2.0	0.5	1.2	1.7	4.0
Regular Burrito, Bowl, Salad	Pinto Beans	60	35.0	0.3	0.1	0.0	0.0	93.8	6.4	1.8	0.4	2.0	0.5	1.2	1.7	4.0
Small Burrito	Pinto Beans	50	30.0	0.2	0.1	0.0	0.0	78.2	5.3	1.5	0.3	1.7	0.4	1.0	1.4	3.3
Kids Burrito	Pinto Beans	30	20.0	0.1	0.0	0.0	0.0	46.9	3.2	0.9	0.2	1.0	0.3	0.6	0.9	2.0
Quesadilla - Snack Size	Chipotle Black Beans	20	5.0	0.1	0.0	0.0	0.0	84.8	4.6	1.0	1.4	1.0	0.0	0.3	0.8	2.8
Quesadilla	Chipotle Black Beans	60	20.0	0.4	0.1	0.0	0.0	254.4	13.7	3.1	4.3	3.1	0.0	1.0	2.4	8.4
Mucho Burrito	Chipotle Black Beans	60	20.0	0.4	0.1	0.0	0.0	254.4	13.7	3.1	4.3	3.1	0.0	1.0	2.4	8.4
Regular Burrito, Bowl, Salad	Chipotle Black Beans	60	20.0	0.4	0.1	0.0	0.0	254.4	13.7	3.1	4.3	3.1	0.0	1.0	2.4	8.4
Small Burrito	Chipotle Black Beans	50	20.0	0.3	0.1	0.0	0.0	212.0	11.4	2.6	3.6	2.6	0.0	0.8	2.0	7.0
Kids Burrito	Chipotle Black Beans	30	10.0	0.2	0.0	0.0	0.0	127.2	6.8	1.6	2.2	1.6	0.0	0.5	1.2	4.2
Quesadilla - Snack Size	Fajita Veggies	30	20.0	1.1	0.1	0.0	0.0	56.7	2.3	0.7	1.1	0.4	10.1	36.7	0.4	0.9
Quesadilla	Fajita Veggies	60	40.0	2.2	0.2	0.0	0.0	113.3	4.6	1.3	2.1	0.7	20.2	73.5	0.9	1.8
Mucho Burrito	Fajita Veggies	60	40.0	2.2	0.2	0.0	0.0	113.3	4.6	1.3	2.1	0.7	20.2	73.5	0.9	1.8
Regular Burrito, Bowl, Salad	Fajita Veggies	60	40.0	2.2	0.2	0.0	0.0	113.3	4.6	1.3	2.1	0.7	20.2	73.5	0.9	1.8
Small Burrito	Fajita Veggies	40	25.0	1.5	0.1	0.0	0.0	75.6	3.0	0.9	1.4	0.5	13.5	49.0	0.6	1.2
Kids	Fajita Veggies	30	20.0	1.1	0.1	0.0	0.0	56.7	2.3	0.7	1.1	0.4	10.1	36.7	0.4	0.9
Taco, Kids', Quesadilla Snack Size	Beef Barbacoa	50	60.0	2.0	0.7	0.0	26.7	362.3	1.2	0.0	0.6	9.9	2.5	2.5	1.0	9.0
Mucho Burrito	Beef Barbacoa	150	190.0	6.0	2.2	0.0	80.0	1087.0	3.6	0.0	1.7	29.8	7.5	7.5	3.0	27.0
Regular Burrito, Bowl, Salad, Quesadilla	Beef Barbacoa	100	130.0	4.0	1.5	0.0	53.3	724.7	2.4	0.0	1.1	19.9	5.0	5.0	2.0	18.0
Small Burrito	Beef Barbacoa	75	90.0	3.0	1.1	0.0	40.0	543.5	1.8	0.0	0.9	14.9	3.8	3.8	1.5	13.5
Taco, Kids', Quesadilla Snack Size	Pork Carnitas	50	70.0	3.0	1.0	0.0	28.7	334.3	1.0	0.5	0.6	13.0	1.4	3.5	0.8	3.7
Mucho Burrito	Pork Carnitas	150	210.0	9.1	3.1	0.0	86.0	1003.0	3.0	1.4	1.8	39.0	4.3	10.5	2.4	11.2
Regular Burrito, Bowl, Salad, Quesadilla	Pork Carnitas	100	140.0	6.1	2.1	0.0	57.3	668.7	2.0	0.9	1.2	26.0	2.9	7.0	1.6	7.5
Small Burrito	Pork Carnitas	75	110.0	4.6	1.6	0.0	43.0	501.5	1.5	0.7	0.9	19.5	2.2	5.3	1.2	5.6
Taco, Kids', Quesadilla Snack Size	Steak	50	80.0	3.6	0.8	0.0	21.3	201.4	0.0	0.0	0.0	10.5	0.0	2.4	0.9	4.7
Mucho Burrito	Steak	150	230.0	10.9	2.4	0.1	63.9	604.2	0.0	0.0	0.0	31.6	0.0	7.1	2.8	14.2
Regular Burrito, Bowl, Salad, Quesadilla	Steak	100	150.0	7.2	1.6	0.1	42.6	402.8	0.0	0.0	0.0	21.1	0.0	4.7	1.9	9.5
Small Burrito	Steak	75	120.0	5.4	1.2	0.1	31.9	302.1	0.0	0.0	0.0	15.8	0.0	3.5	1.4	7.1
Taco, Kids', Quesadilla Snack Size	Chicken	50	50.0	1.4	0.2	0.0	17.0	401.1	1.4	0.0	1.2	8.8	0.9	0.5	0.1	0.8
Mucho Burrito	Chicken	150	160.0	4.2	0.6	0.0	51.0	1203.4	4.3	0.0	3.5	26.5	2.7	1.4	0.3	2.4
Regular Burrito, Bowl, Salad, Quesadilla	Chicken	100	110.0	2.8	0.4	0.0	34.0	802.3	2.9	0.0	2.3	17.7	1.8	0.9	0.2	1.6
Small Burrito	Chicken	75	80.0	2.1	0.3	0.0	25.5	601.7	2.2	0.0	1.8	13.3	1.4	0.7	0.1	1.2
Taco, Kids', Quesadilla Snack Size	Chorizo	50	160.0	13.5	4.9	0.0	30.9	440.4	2.4	1.1	0.6	7.7	13.2	0.0	1.8	7.0
Mucho Burrito	Chorizo	150	480.0	40.5	14.8	0.0	92.7	1321.2	7.2	3.2	1.8	23.2	39.5	0.0	5.3	21.1
Regular Burrito, Bowl, Salad, Quesadilla	Chorizo	100	320.0	27.0	9.9	0.0	61.8	880.8	4.8	2.2	1.2	15.5	26.3	0.0	3.5	14.0
Small Burrito	Chorizo	75	240.0	20.3	7.4	0.0	46.4	660.6	3.6	1.6	0.9	11.6	19.7	0.0	2.6	10.5
Taco, Kids', Quesadilla Snack Size	Chili Lime Shrimp	50	60.0	1.7	0.2	0.0	53.6	275.9	2.6	0.1	0.8	7.3	5.3	7.0	1.9	6.5
Mucho Burrito	Chili Lime Shrimp	180	210.0	6.3	0.7	0.0	193.1	993.4	9.3	0.5	2.9	26.4	19.0	25.3	6.9	23.6
Regular Burrito, Bowl, Salad, Quesadilla	Chili Lime Shrimp	120	140.0	4.2	0.5	0.0	128.7	662.2	6.2	0.3	1.9	17.6	12.7	16.9	4.6	15.7
Small Burrito	Chili Lime Shrimp	90	100.0	3.1	0.4	0.0	96.6	496.7	4.6	0.3	1.4	13.2	9.5	12.7	3.4	11.8
Mucho Burrito	Plant-Based Crumble	150	400.0	24.3	1.6	0.0	0.0	958.7	19.8	2.4	12.3	24.8	3.8	3.8	3.8	28.2
Regular Burrito, Bowl, Salad, Quesadilla	Plant-Based Crumble	100	270.0	16.2	1.0	0.0	0.0	639.2	13.2	1.6	8.2	16.5	2.5	2.5	2.5	18.8
Small Burrito	Plant-Based Crumble	75	200.0	12.1	0.8	0.0	0.0	479.4	9.9	1.2	6.1	12.4	1.9	1.9	1.9	14.1
Kids, Taco, Quesadilla Snack Size	Plant-Based Crumble	50	130.0	8.1	0.5	0.0	0.0	319.6	6.6	0.8	4.1	8.3	1.3	1.3	1.3	9.4
Quesadilla, Nachos	Monterey Jack Cheese	50	180.0	15.0	8.3	0.3	41.7	350.0	1.7	0.0	0.0	11.7	13.3	0.0	33.3	0.0
Kid's Quesadilla	Monterey Jack Cheese	40	150.0	12.0	6.7	0.3	33.3	280.0	1.3	0.0	0.0	9.3	10.7	0.0	26.7	0.0
Mucho Burrito	Monterey Jack Cheese	30	110.0	9.0	5.0	0.2	25.0	210.0	1.0	0.0	0.0	7.0	8.0	0.0	20.0	0.0
Regular Burrito, Bowl, Salad	Monterey Jack Cheese	20	70.0	6.0	3.3	0.1	16.7	140.0	0.7	0.0	0.0	4.7	5.3	0.0	13.3	0.0
Small Burrito, Taco, Kids Burrito	Monterey Jack Cheese	10	35.0	3.0	1.7	0.1	8.3	70.0	0.3	0.0	0.0	2.3	2.7	0.0	6.7	0.0
Small Burrito, Taco	Vegan Mozzarella	10	35.0	3.0	0.0	0.0	0.0	140.0	0.4	0.0	0.0	2.0	0.0	0.0	7.1	0.0
Regular Burrito, Bowl, Salad	Vegan Mozzarella	20	70.0	6.0	0.0	0.0	0.0	280.0	0.8	0.0	0.0	4.0	0.0	0.0	14.2	0.0

Small Burrito	Medium Salsa	40	15.0	0.4	0.0	0.0	0.0	156.3	2.4	0.4	1.6	0.5	4.6	4.9	1.9	0.5
Taco	Medium Salsa	20	10.0	0.2	0.0	0.0	0.0	78.1	1.2	0.2	0.8	0.3	2.3	2.4	1.0	0.3
Kids Burrito	Medium Salsa	20	10.0	0.2	0.0	0.0	0.0	78.1	1.2	0.2	0.8	0.3	2.3	2.4	1.0	0.3
Chips & Salsa - Combo	Medium Salsa	113	50.0	1.3	0.1	0.0	0.0	441.4	6.9	1.1	4.6	1.5	13.1	13.8	5.4	1.5
Chips & Salsa - serves 2	Medium Salsa	113	50.0	1.3	0.1	0.0	0.0	441.4	6.9	1.1	4.6	1.5	13.1	13.8	5.4	1.5
Chips & Salsa - serves 3	Medium Salsa	227	100.0	2.5	0.2	0.0	0.0	886.7	13.8	2.2	9.2	3.1	26.3	27.7	10.9	3.0
Quesadillas	Hot Salsa	113	35.0	2.0	0.1	0.0	0.0	352.1	4.4	0.6	3.5	0.5	1.7	19.7	3.8	0.1
Mucho Burrito	Hot Salsa	70	40.0	2.3	0.2	0.0	0.0	410.8	5.2	0.7	4.1	0.6	2.0	22.9	4.4	0.1
Regular Burrito, Bowl, Salad	Hot Salsa	60	35.0	2.0	0.1	0.0	0.0	352.1	4.4	0.6	3.5	0.5	1.7	19.7	3.8	0.1
Small Burrito	Hot Salsa	40	25.0	1.3	0.1	0.0	0.0	234.7	3.0	0.4	2.3	0.3	1.2	13.1	2.5	0.1
Taco	Hot Salsa	20	10.0	0.7	0.0	0.0	0.0	117.4	1.5	0.2	1.2	0.2	0.6	6.6	1.3	0.0
Kids Burrito	Hot Salsa	20	10.0	0.7	0.0	0.0	0.0	117.4	1.5	0.2	1.2	0.2	0.6	6.6	1.3	0.0
Chips & Salsa - Combo	Hot Salsa	113	70.0	3.7	0.2	0.0	0.0	663.2	8.4	1.1	6.6	0.9	3.3	37.0	7.1	0.2
Chips & Salsa - serves 2	Hot Salsa	113	70.0	3.7	0.2	0.0	0.0	663.2	8.4	1.1	6.6	0.9	3.3	37.0	7.1	0.2
Chips & Salsa - serves 3	Hot Salsa	227	130.0	7.4	0.5	0.0	0.0	1332.2	16.8	2.2	13.3	1.9	6.6	74.4	14.3	0.4
Small Burrito	Citrus Slaw	40	15.0	0.0	0.0	0.0	0.0	128.4	3.1	0.7	2.0	0.5	3.6	24.7	14.7	0.2
Regular Burrito, Bowl, Salad	Citrus Slaw	50	20.0	0.0	0.0	0.0	0.0	160.4	3.9	0.9	2.5	0.6	4.5	30.9	18.4	0.2
Mucho Burrito	Citrus Slaw	75	30.0	0.1	0.0	0.0	0.0	240.7	5.9	1.4	3.8	0.9	6.7	46.3	27.6	0.3
Taco	Citrus Slaw	20	7.0	0.0	0.0	0.0	0.0	64.2	1.6	0.4	1.0	0.2	1.8	12.4	7.4	0.1
Small Burrito	Charred Corn	15	15.0	0.1	0.0	0.0	0.0	0.5	3.0	0.3	0.5	0.2	0.3	1.5	5.3	0.3
Regular Burrito, Bowl, Salad	Charred Corn	30	30.0	0.2	0.0	0.0	0.0	0.9	6.0	0.6	0.9	0.3	0.6	3.0	10.5	0.6
Mucho Burrito	Charred Corn	30	30.0	0.2	0.0	0.0	0.0	0.9	6.0	0.6	0.9	0.3	0.6	3.0	10.5	0.6
Taco	Charred Corn	10	10.0	0.1	0.0	0.0	0.0	0.3	2.0	0.2	0.3	0.1	0.2	1.0	3.5	0.2
Small Burrito	In-House Pickled Red Onions	15	15.0	0.0	0.0	0.0	0.0	250.3	4.0	0.3	3.6	0.1	0.0	5.4	0.1	0.2
Regular Burrito, Bowl, Salad	In-House Pickled Red Onions	20	20.0	0.0	0.0	0.0	0.0	333.7	5.3	0.3	4.9	0.2	0.0	7.2	0.2	0.2
Mucho Burrito	In-House Pickled Red Onions	25	25.0	0.0	0.0	0.0	0.0	417.1	6.6	0.4	6.1	0.2	0.0	9.0	0.2	0.3
Taco	In-House Pickled Red Onions	10	10.0	0.0	0.0	0.0	0.0	166.9	2.6	0.2	2.4	0.1	0.0	3.6	0.1	0.1
Small Burrito	Crispy Onion Chips	8	50.0	4.0	1.7	0.0	0.0	68.6	3.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Regular Burrito, Bowl, Salad	Crispy Onion Chips	10	60.0	5.0	2.1	0.0	0.0	85.7	4.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Mucho Burrito	Crispy Onion Chips	15	100.0	7.5	3.2	0.0	0.0	128.6	6.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Taco	Crispy Onion Chips	3	20.0	1.5	0.6	0.0	0.0	25.7	1.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Small Burrito	Mango Salsa	40	20.0	0.0	0.0	0.0	0.0	44.6	1.5	0.4	1.1	0.4	1.5	6.7	2.1	0.2
Regular Burrito, Bowl, Salad	Mango Salsa	60	25.0	0.1	0.0	0.0	0.0	66.9	2.3	0.6	1.6	0.6	2.3	10.1	3.2	0.4
Mucho Burrito	Mango Salsa	60	35.0	0.1	0.0	0.0	0.0	66.9	2.3	0.6	1.6	0.6	2.3	10.1	3.2	0.4
Taco	Mango Salsa	20	10.0	0.0	0.0	0.0	0.0	22.3	0.8	0.2	0.5	0.2	0.8	3.4	1.1	0.1
Small Burrito	Roasted Chickpeas	40	20.0	0.1	0.0	0.0	0.0	0.0	0.0	23.9	24.0	4.5	0.6	3.7	0.2	11.9
Regular Burrito, Bowl, Salad	Roasted Chickpeas	60	40.0	0.1	0.0	0.0	0.0	0.0	0.0	35.9	35.9	6.8	0.9	5.6	0.3	17.8
Mucho Burrito	Roasted Chickpeas	60	40.0	0.1	0.0	0.0	0.0	0.0	0.0	35.9	35.9	6.8	0.9	5.6	0.3	17.8
Taco	Roasted Chickpeas	20	10.0	0.0	0.0	0.0	0.0	0.0	0.0	12.0	12.0	2.3	0.3	1.9	0.1	5.9
Small Burrito, Kids Burrito	Sour Cream	15	25.0	2.0	1.3	0.1	7.5	15.0	1.0	0.0	0.5	0.5	3.0	0.0	2.0	0.0
Taco	Sour Cream	10	15.0	1.3	0.8	0.0	5.0	10.0	0.7	0.0	0.3	0.3	2.0	0.0	1.3	0.0
Mucho Burrito	Burrito Sauce	45	170.0	16.5	2.3	0.2	7.5	435.0	4.5	0.0	3.0	0.3	3.0	15.0	0.0	0.0
Regular Burrito, Bowl, Salad	Burrito Sauce	30	110.0	11.0	1.5	0.1	5.0	290.0	3.0	0.0	2.0	0.2	2.0	10.0	0.0	0.0
Small Burrito	Burrito Sauce	15	60.0	5.5	0.8	0.1	2.5	145.0	1.5	0.0	1.0	0.1	1.0	5.0	0.0	0.0
Taco	Burrito Sauce	10	35.0	3.7	0.5	0.0	1.7	96.7	1.0	0.0	0.7	0.1	0.7	3.3	0.0	0.0
Burritos, Bowls, Salads, Quesadillas	Guacamole	60	80.0	7.2	1.0	0.0	0.0	108.5	4.8	3.4	0.6	1.0	3.6	11.2	0.6	1.7
Chips & Guac - Combo	Guacamole	113	160.0	13.6	1.9	0.0	0.0	204.4	9.0	6.4	1.1	1.9	6.7	21.2	1.2	3.1
Chips & Guac - Serves 2	Guacamole	113	160.0	13.6	1.9	0.0	0.0	204.4	9.0	6.4	1.1	1.9	6.7	21.2	1.2	3.1
Chips & Guac - Serves 3	Guacamole	227	310.0	27.3	3.8	0.0	0.0	410.6	18.1	12.9	2.2	3.8	13.4	42.5	2.4	6.3
Small Burrito	Chimichurri	15	50.0	5.7	0.4	0.0	0.0	115.5	0.6	0.1	0.2	0.1	3.5	4.0	0.2	0.4
Regular Burrito, Bowl, Salad	Chimichurri	30	110.0	11.5	0.8	0.0	0.0	231.1	1.2	0.2	0.4	0.1	7.0	8.0	0.3	0.7
Mucho Burrito	Chimichurri	45	160.0	17.2	1.2	0.0	0.0	346.6	1.8	0.3	0.6	0.2	10.5	11.9	0.5	1.1
Taco	Chimichurri	10	35.0	3.8	0.3	0.0	0.0	77.0	0.4	0.1	0.1	0.0	2.3	2.7	0.1	0.2
Small Burrito	Habanero Garlic	15	15.0	1.7	1.1	0.0	0.0	0.0	6.3	15.6	0.0	2.6	0.0	2.1	0.4	2.7
Regular Burrito, Bowl, Salad	Habanero Garlic	30	30.0	3.4	2.1	0.1	0.0	0.0	12.6	31.3	0.0	5.2	0.0	4.2	0.8	5.3
Mucho Burrito	Habanero Garlic	45	45.0	5.0	3.2	0.1	0.0	0.0	18.9	46.9	0.0	7.8	0.0	6.3	1.3	8.0
Taco	Habanero Garlic	10	5.0	1.1	0.7	0.0	0.0	0.0	4.2	10.4	0.0	1.7	0.0	1.4	0.3	1.8
Salad Taqueria	Agave Lime Vinaigrette	30	120.0	9.7	0.7	0.0	0.0	37.0	7.9	0.4	6.9	0.1	1.1	5.7	0.1	0.2
Small Burrito, Kids Burrito	Queso Cheese Sauce	30	40.0	2.3	0.9	0.7	4.6	257.4	2.4	0.0	1.0	1.0	0.2	0.1	3.0	0.9
Regular Burrito, Bowl, Salad, Quesadilla, Taco	Queso Cheese Sauce	60	80.0	4.5	1.8	1.3	9.2	514.9	4.8	0.0	2.1	2.0	0.5	0.3	5.9	1.8
Chips & Queso - Combo	Queso Cheese Sauce	113	160.0	8.5	3.4	2.5	17.3	969.7	9.0	0.1	3.9	3.7	0.9	0.5	11.2	3.4
Chips & Queso - Serves 2	Queso Cheese Sauce	113	160.0	8.5	3.4	2.5	17.3	969.7	9.0	0.1	3.9	3.7	0.9	0.5	11.2	3.4
Chips & Queso - Serves 3	Queso Cheese Sauce	227	310.0	17.2	6.9	5.0	34.7	1948.0	18.1	0.1	7.9	7.4	1.9	1.1	22.5	6.8
Bowl	Spring Mix	25	5.0	0.7	0.0	0.0	0.0	10.7	1.4	0.0	0.7	0.0	0.0	14.3	2.9	2.1
Kids' Meals	Chips	35	70.0	2.2	0.1	0.0	0.0	211.4	9.8	0.0	0.0	1.2	2.5	0.1	2.5	0.0
Chips & Salsa, Queso, Guac	Chips	60	120.0	3.7	0.1	0.0	0.0	362.4	16.8	0.0	0.0	2.1	4.2	0.1	4.2	0.0
	Jalapeno Peppers - Garnish	4	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.1	0.1	0.0	0.6	0.0	0.0	0.2
	Cilantro - Garnish	1	0.0	0.0	0.0	0.0	0.0	0.5	0.0	0.0	0.0	0.0	1.3	0.5	0.0	0.0
Taco	Fresh Limes	9	5.0	0.0	0.0	0.0	0.0	0.2	1.0	0.3	0.2	0.1	0.0	4.4	3.0	0.1

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4-12) need an average of 1,500 calories a day, however, individual needs vary.

0 = less than 5 calories.