

Allergen Awareness and Gluten-Free Chart



Known Allergens

	Nut	Sesame	Milk	Egg	Fish	Soy	Wheat	Sulphite	MSG	Corn	Mustard	Gluten-Free	Vegan
TORTILLAS AND TACOS													
Whole Wheat Tortilla							•						•
White Tortilla							•						•
Hard Corn Taco										•	†*		•
Soft Corn Taco										•	†		•
Telera Buns						•	•						
PROTEINS													
Beef Barbacoa						•						†	
Pork Carnitas			•			•	•						
Chicken												†	
Steak												†	
Shrimp					•			•				†	
Chorizo												†	
Plant-Based Crumble	•									•			•
Fried Chicken Breast						•	•						
TOPPINGS, CHEESE & GARNISH													
Brown Rice												†	•
Ancient Grain Medley							•						•
Fajita Veggies												†	•
Chiptole Black Beans												†	•
Pinto Beans												†	•
Monterey Jack Cheese			•									†	
Vegan Mozzarella												†	•
Roasted Chickpeas												†	•
Jalapeño Slaw												†	•
In-House Pickled Onions												†	•
Charred Corn										•		†	•
Mango Salsa												†	•
Harvest Veggie Medley												†	•
Lime Wedges												†	•
Seasonal Greens												†	•
Jalapeños												†	•
Cilantro												†	•
SALSAS, SAUCES & DRESSINGS													
Pico de Gallo												†	•
Medium Salsa												†	•
Hot Salsa												†	•
Guacamole												†	•
Sour Cream			•							•		†	
Burrito Sauce				•		•						†	
Chipotle Crema			•									†	
Cilantro-Lime Crema			•									†	
Avocado Crema			•									†	
Honey-Lime Vinaigrette												†	
Queso Cheese			•			•				•			
Spicy Mayo				•									
SIDES & DESSERTS													
Churros			•	•		•	•						
Dulce de Leché			•					•		•		†	
Peruvian Chocolate Brownie			•	•		•	•						
Chocolate Chunk Cookie			•	•		•	•						
Salted Caramel Cookie	•		•	•			•						
Nachos			•			•				•			
Tortilla Chips										•		†*	•

CDN 2021

• - denotes allergen is present in the product

† - denotes product is gluten-free

†* - Importance Notice: Tortilla chips and hard corn tacos are cooked in the same fryer as chicken and gluten products and may come into contact with these ingredients. Please ask us for more details.