

Allergen Awareness and Gluten-Free Chart



Known Allergens

	Nut	Sesame	Milk	Egg	Fish	Soy	Wheat	Sulphite	MSG	Corn	Mustard	Gluten-Free	Vegan
TORTILLAS, TACOS & GRAINS													
Whole Wheat Tortilla							•						•
White Tortilla							•						•
Sun-dried Tomato Tortilla							•						•
Hard Corn Taco										•		○	•
Soft Corn Taco										•		○	•
Brown Rice												†	•
Ancient Grains							•						•
PROTEINS													
Beef Barbacoa						•						†	
Pork Carnitas			•			•	•						
Chicken												†	
Steak												†	
Shrimp					•			•				†	
Chorizo												†	
Beyond Meat® Crumbles										•		†	•
Ghost Pepper Bacon												†	
TOPPING, CHEESES & GARNISHES													
Fajita Veggies												†	•
Chipotle Black Beans												†	•
Pinto Beans												†	•
Monterey Jack Cheese			•									†	
Cotija Cheese			•									†	
Grape Tomatoes												†	•
Harvest Veggie Medley												†	•
Citrus Slaw												†	•
Lime-Pickled Cucumbers												†	•
In-House Pickled Red Onions												†	•
Charred Corn										•		†	•
Jalapeños												†	•
Cilantro												†	•
Crispy Jalapeño Chips							•						•
Lime Wedges												†	•
Seasonal Greens												†	•
SALSAS, SAUCES & DRESSINGS													
Pico de Gallo												†	•
Medium Salsa												†	•
Hot Salsa												†	•
Guacamole												†	•
Sour Cream			•							•		†	
Burrito Sauce				•		•						†	
Avocado Crema			•							•		†	
Blue Cheese Dressing			•	•		•					•	†	
Chipotle Crema			•							•		†	
Honey-Lime Vinaigrette												†	
Queso Cheese			•			•				•			
Smokin' BBQ Sauce											•	†	•
Maple-Chipotle BBQ Sauce											•	†	•
Ghost Pepper Hot Sauce												†	•
Ghost Pepper & Fig Marmalade												†	•
SIDES & DESSERTS													
Churros			•	•		•	•						
Dulce de Leche			•					•		•		†	
Peruvian Chocolate Brownie			•	•		•	•						
Chocolate Chunk Cookie			•	•		•	•						
Salted Caramel Cookie	•		•	•		•	•						
Nachos			•			•				•			
Tortilla Chips										•		†	•

CDN 2020

• - denotes allergen is present in the product

○ - this product does not contain gluten, however, it may have come in contact with equipment used to prepare products containing gluten

† - denotes product is gluten-free