

# Allergen Awareness and Gluten-Free Chart



## Known Allergens

Nut	Sesame	Milk	Egg	Fish	Soy	Wheat	Sulphite	MSG	Corn	Mustard	Gluten-Free
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TORTILLAS AND TACOS											
Whole Wheat Tortillas						•					
Flour Tortillas						•					
Hard Corn Tacos											†
Soft Corn Tacos									•		†
PROTEINS											
Beef Barbacoa					•						†
Pork Carnitas		•			•	•					
Steak											†
Chicken											†
Chipotle Shrimp		•		•	•		•				†
Chorizo					•						†
Root Beer Barbacoa					•				•	•	†
Maple Chipotle Chicken									•	•	†
Sweet Chili Chorizo					•	•			•		
CONDIMENTS AND TOPPINGS											
Mexican Brown Rice											†
Ancient Grain Medley						•					
Fajita Mix											†
Premium Veggie Mix					•				•		†
Black Beans											†
Pinto Beans											†
Monterey Jack Cheese		•									†
Cotija Cheese		•									†
Coleslaw											†
Roasted Edamame					•						†
Roasted Corn									•		†
Heirloom Tomatoes											†
Shredded Carrots											†
Fresh Jalapenos											†
Cilantro											†
Crispy Onion Chips						•					
Crispy Jalapeno Chips						•					
Lime Wedges											†
Romaine Lettuce											†
SALSAS, SAUCES & DRESSINGS											
Pico de Gallo											†
Medium Salsa											†
Hot Salsa											†
Guacamole											†
Sour Cream		•							•		†
Burrito Sauce			•		•						†
Avocado Crema		•							•		†
Chipotle Crema		•							•		†
Sweet Chili Sauce					•	•			•		
Maple Chipotle BBQ									•	•	†
Root Beer BBQ									•	•	†
Ranchero Dressing		•	•		•				•		†
Honey Lime Vinaigrette											†
Queso Cheese			•		•				•		
SIDES & DESSERTS											
Churros		•	•		•	•					
Dulce de Lecce		•					•		•		†
Peruvian Chocolate Brownie		•	•		•	•					
Chocolate Chunk Cookie		•	•		•	•					
Salted Caramel Cookie	•	•	•			•					
Mexican Street Corn		•	•						•		†
Nachos - Snack Size		•			•				•		†
Nacho Chips									•		†
Roasted Poblano & White Cheddar Soup		•	•						•		†

CDN 2018

• - denotes allergen is present in the product  
 † - denotes product is gluten-free